

# 2019 Ongoing Foster/Adopt Winter Training Schedule

Foster  
Love

## The Good Stuff! Building Self-Esteem in Kids at Risk (FC 6 hr)

2/2/19 9am to 4pm Jim Still-Pepper 941-30

Abuse, neglect, placement, and other related issues take their toll on the self-esteem of kids. This workshop explores how caseworkers can develop and enhance the self-esteem of the children with whom they work. Participants will walk away feeling stronger about their ability to meet the needs of their children.

## Day In and Day Out: Battle of the Wills (FC 3hr)

2/23/19 9am to 12pm Marlin Cheyney 925-8

Children learn that arguing, fussing, temper tantrums, and constant begging will eventually get an emotional response from adults. This workshop will assist caregivers in developing effective strategies for dealing with the give-and-take of strong emotions associated with willful battles.

## Day In and Day Out: Back Talk and Name-calling (FC 3 hr)

2/23/19 1pm to 4pm Marlin Cheyney 952-4

Children learn that the use of back talk and name-calling can bring about the ability to get attention, to dominate, or to hurt others. This workshop will help caregivers respond constructively to back talk and name-calling. Participants will gain knowledge that will help them teach children how to relate in more respectful ways.

## Red Cross First Aid and Adult and Pediatric CPR with AED (6 hr)

3/9/19 9am to 4pm Heather Killen 990-26

Participants in this course will learn to recognize and respond to emergencies, including shock, heat and cold emergencies, sudden illness, and poisonings. Additionally, participants will learn adult, child, and infant CPR, and first aid for everything from cuts and scrapes to muscle, bone, and joint injuries.

## Drug Exposed Kids: Providing Care to Kids Affected by Maternal Substance Use (FC 6 hr)

3/23/19 9am to 4pm China Darrington 988-48

This training will present data and best practices when caring for drug-exposed infants and children, including alcohol. Neurobiological effects of commonly used drugs will be reviewed - from alcohol and nicotine, to cocaine, methamphetamine and heroin. Environmental, home life and cultural components surrounding the dynamics of poverty and abuse that are common in addicted households will be considered. The most effective strategies to communicate with kids and advocate strongly for their needs will be illustrated.

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